



Sample Weekly Menu

Sunday

Breakfast	Lunch	Dinner
Cream of Wheat Assorted Cold Cereal Fluffy Pancakes Butter / Syrup Link Sausage Banana Milk Choice of Juice	Yankee Pot Roast Creamy Mashed Potatoes Gravy Steamed Vegetables Hot Roll / Butter Sweet Berry Pie Choice of Beverage	Hot Ham & Swiss Sandwich Macaroni Salad Fresh Sliced Tomato Home-Baked Cookies Milk Choice of Beverage

Monday

Breakfast	Lunch	Dinner
Oatmeal Assorted Cold Cereal Denver Omelette Crisp Bacon Toast Butter / Jam Orange Wedges Milk Choice of Juice	Creamy Chicken Alfredo Cottage Cheese & Fruit Steamed Broccoli Hot Roll / Butter German Chocolate Cake Choice of Beverage	Pizza Vegetable Pasta Salad Creamy Pudding Milk Choice of Beverage

Tuesday

Breakfast	Lunch	Dinner
Cream of Wheat Assorted Cold Cereal French Toast Butter / Syrup Link Sausage Banana Milk Choice of Juice	Zesty Lasagna Mixed Green Salad Green Beans Toasted Garlic Bread Warm Peach Cobbler Choice of Beverage	Club Sandwich Cream of Potato Soup With Leeks Ice Cream Sundae Milk Choice of Beverage



Sample Weekly Menu

Wednesday

Breakfast	Lunch	Dinner
Oatmeal Assorted Cold Cereal Scrambled Eggs Fried Potatoes Crisp Bacon Toast Butter / Jam Orange Wedges Milk Choice of Juice	Chili Cookout Fresh Cheese Mixed Green Salad Sweet Corn Muffin Strawberry Trifle Choice of Beverage	Crispy Chicken Tenders Creamy Mashed Potatoes Gravy Steamed Carrots Bread / Butter Zesty Lemon Bars Milk Choice of Beverage

Thursday

Breakfast	Lunch	Dinner
Cream of Wheat Assorted Cold Cereal Fluffy Waffles Butter / Syrup Link Sausage Banana Milk Choice of Juice	Ham Loaf Creamy Mashed Potatoes Gravy Mixed Vegetables Hot Roll / Butter Fresh Fruit Choice of Beverage	Tuna Sandwich Cottage Cheese & Fruit Beets Potato Chips Flan Milk Choice of Beverage

Friday

Breakfast	Lunch	Dinner
Oatmeal Assorted Cold Cereal Fried Eggs Crisp Bacon Toast Butter / Jam Orange Wedges Milk Choice of Juice	Tropical BBQ Chicken Au Gratin Potato Steamed Carrots & Corn Sherbet Choice of Beverage	Chef Salad With Ham, Cheese, and Eggs Fresh Tomatoes Cookies Milk Choice of Beverage



Sample Weekly Menu

Saturday

Breakfast	Lunch	Dinner
Cream of Wheat Assorted Cold Cereal Fluffy Pancakes Syrup / Butter Link Sausage Blueberries Milk Choice of Juice	Pork Fricassee Over Noodles Steamed Vegetables Hot Roll / Butter Sweet Pineapple Nutcake Choice of Beverage	Roast Beef & Swiss Sandwich Lentil Soup Sliced Tomato Fresh Peaches Milk Choice of Beverage

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